

“Annual New Members Welcome Lunch”**May 19, 2019****1:00 pm - 3:00 pm**

We cordially invite all members, new and old, to join us as we extend a warm SFV-CAMFT welcome to our newest members. Let's enjoy a light lunch and have a fun afternoon together! Sunday, May 19, 2019, 1-3pm. We will meet at the home of Mim Collins, in Valley Village. This is a great opportunity to meet the Board, network with other therapists, mingle in a more intimate setting, and get to connect with more colleagues. We hope you can join us! Bring your business cards, fliers, and brochures to exchange and participate in an opportunity drawing.

Registration & Information**Nikki Gabriel—President's Message**

In May, the chapter holds the New Member Welcome Lunch. The chapter invites ALL members to attend this FREE event and welcome the newer members to SFV-CAMFT. This year's event will take place on Sunday, May 19th at the home of one of our members. Address will be emailed to you after completing online registration. Speaking of our amazing members ... [Read Nikki's full message](#)

Ariel Cohen—CAMFT Facebook Page Legislative Updates

The Department of Health Care Services (DHCS) Mental Health and Substance Use Disorder Services (MHSUDS) Division will be reorganized to better integrate behavioral health with the rest of the Medi-Cal program and consolidate non-Medi-Cal programs into behavioral health divisions. This MHSUDS reorganization will also increase program administration accountability ... [Read Ariel's full article](#)

Madeline Taylor—March Membership Meeting Write-Up

At our monthly meeting on March 10, 2019, we were treated to a presentation by Barbara Nosal, PhD, founding clinical director and chief clinical officer at Newport Academy, a residential and outpatient treatment program for adolescents and their families, in Newport Beach, CA. Their treatment approach is deeply rooted ... [Read Madeline's full article](#)

Board Minutes—February 2019

[Read February's Board Minutes](#)

Board Minutes—March 2019

[Read March's Board Minutes](#)

MEMBER COLUMNISTS**Charlyne Gelt—Cinema Therapy: The Intern**

“The unexamined life is not worth living,” Socrates famously, and wisely, observed. The recently released *The Intern* is a lighthearted take on creating change while facing some very serious issues, such as aging, retirement, grief and loss, death, affairs, and relationships. The film's narrative matches ... [Read Charlyne's full review](#)

CONTRIBUTORS**Steven Unruh, MDiv., MFT—7 Effective Skills When Dealing with a Narcissist**

Living day after day with someone who has a narcissistic personality disorder creates an environment in which you find yourself constantly overwhelmed and confused. Eventually you begin to distrust yourself, questioning your own reality, wondering if in fact you might be the problem, the narcissist, the perpetrator. A narcissist has a way of presenting ... [Read Steven's full article](#)

Sylvia Cary, LMFT—Jolted Sober:

Who Says There's No Such Thing as a Quick Cure from Addiction?

"In medicine, as in life, until the mind has been prepared to see something, it will pass unnoticed, as invisible as though it did not exist." – Ovid Anytime. Anywhere. It could happen at any time. It could happen to an alcoholic at an Alcoholics Anonymous meeting. It could happen to a co-caine addict at a treatment center. It could happen to a crack or opioid user while sitting on a curb. It could happen to a pill abuser while having coffee ... [Read Sylvia's full article](#)

MEMBER HIGHLIGHT

Armineh Gourgian, M.S., LMFT, Licensed Marriage and Family Therapist

"Journey" is a word therapists often use, appropriately, to describe a clients experience in therapy (at least when the experience has gone well). After all, the word connotes a sense of exploration and discovery, a broadening of horizons, all qualities that make for a rich and rewarding therapeutic experience. So perhaps its only appropriate ... [Read Armineh's full profile](#)

David Schwartz, LMFT, Licensed Marriage and Family Therapist

David Schwartz, LMFT, is truly enjoying his career as a Marriage and Family Therapist. As a kind and caring person, David has a lot to offer in our field. He has been licensed for about four years and has been seeing clients for eight years. He likes helping individuals, couples ... [Read David's full profile](#)

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[San Fernando Valley Chapter – California Marriage and Family Therapists](#)